



S&DRC ADULT SUMMER CAMP

Friday 13 – Sunday 15 JULY 2018



Activities available include flat work, pole work, hacking, learn to jump, Pilates, barrel jumping, grid work, show jumping, cross-country, ride a dressage test, care of your horse, physiotherapy and western style riding demonstrations and lots more! You can **ride** as little or as often as you like, mostly in 45 minute slots, in a pair with one other – except for XC which is run in groups for 1 – 1½ hrs. Generally, people opt to ride 2 or 3 times a day.



NB! There is **no** obligation to jump, and apart from the first session, there is **no** obligation to do **flatwork** either!

You can also **attend** for as long or short a time as you wish – **residentially** for 1, 2 or all 3 days, or **Drop-In** for single sessions.

Residential prices are all inclusive of stabling or grazing and food for you. If you would like to attend camp please notify your interest by emailing: louise@darknoll.co.uk Entries will be possible on Equo Events.



**Come and join us
for some fun and
instruction!**

**Adult camp is
enormous fun in an
informal atmosphere to
meet new friends and
spend time with your
horse whilst receiving
expert tuition from
qualified instructors**

*“Thank you for yet another
fabulous camp – just the right
balance of ridden and non-
ridden sessions”*

“...such a lovely atmosphere”

“Most amazing weekend”

*“I learnt so much over the
weekend. In particular it
helped me become more
confident cantering after a
nasty fall.”*

TO BE HELD AT

Darknoll Farm
Okeford Fitzpaine
DT11 0RP

www.shillingstoneanddistrictrc.co.uk